

WILDERNESS

PACKING LIST

BUENA VISTA, CO

WHAT TO BRING

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| ☐ Casual clothing (it gets cold at night & morning) | ☐ Sturdy hiking shoes |
| ☐ Bible and pen | ☐ Journal |
| ☐ Appropriate seasonal outerwear | ☐ Water bottle |
| ☐ Toiletries | ☐ Soap — please, please bring soap |

OPTIONAL

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| ☐ Camera | ☐ Flashlight |
| ☐ Board games | ☐ Sleeping bag (linens are provided) |
| ☐ Daypack | ☐ Fishing gear (license required for the reservoir) |

THINGS TO CONSIDER WHEN PACKING

- You'll likely be hiking, so a good pair of comfy shoes or hiking boots will come in handy.
- It gets cold at night — bring appropriate clothing to stay warm.
- At elevation you'll sunburn quicker. Bring sunscreen (or at least a hat) if you'd rather not resemble a lobster.
- At elevation you'll also dehydrate faster than normal. Bring a water bottle and fill it often.

OTHER IMPORTANT INFO

If you have asthma or something similar, please bring any medications you may need — the high elevation can make symptoms more noticeable.